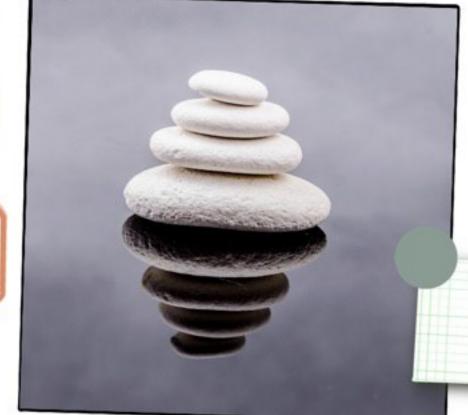


method # 1

# BALANCE

aka inventory
. a way to take stock of major
areas in your faith journey



Try this exercise in small groups and share!

# STOPPOSE OF

Where am I now?

What will it take for me to get from here to there?

Juestion PROMPTS

Where want to

Who is God to me?

### Remember to:

- Set a timer
- Don't let your pen leave the paper
- Even if nothing related to the question(s) come to mind, just continue writing

# QUESTIONS (4 MINUTES EACH)

- 1. How does my relationship with God look like right now?
- 2. What is my most recent God encounter?

## REFLECTION QUESTIONS

Read through what you've written.
Write a sentence to review what
you've written.

What struck out to you as you read what you've written?

Share this in your small group.

