### PACKAGE



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### [3 May 2020] Sunday Gospel - John 10:1-10

Jesus said:

'I tell you most solemnly, anyone who does not enter the sheepfold through the gate, but gets in some other way is a thief and a brigand. The one who enters through the gate is the shepherd of the flock; the gatekeeper lets him in, the sheep hear his voice, one by one he calls his own sheep and leads them out. When he has brought out his flock, he goes ahead of them, and the sheep follow because they know his voice. They never follow a stranger but run away from him: they do not recognise the voice of strangers.'

Jesus told them this parable but they failed to understand what he meant by telling it to them.

So Jesus spoke to them again:

'I tell you most solemnly,
I am the gate of the sheepfold.
All others who have come
are thieves and brigands;
but the sheep took no notice of them.
I am the gate.
Anyone who enters through me will be safe:
he will go freely in and out
and be sure of finding pasture.
The thief comes
only to steal and kill and destroy.
I have come
so that they may have life and have it to the full.'



### RASE

### Reflection

Imagine yourself sitting with a friend at a restaurant packed with people. Your friend tries to talk to and tell you about his day, but his voice is drowned out by the sound of people chattering. You turn your eyes to look at them, and you spot one good-looking person. You turn back your attention to your friend, but you couldn't help but to look at the person again. "Oh, she is so pretty." You turned your eyes back at your friend, but you are no longer focusing on what he was saying. Suddenly your phone beeped and you glanced at your phone without any hesitation. Someone liked your post on Instagram and gave a comment.. Instinctively you pick up your phone to check, curious about what the person said.

"You aren't listening to me," your friend said.

"No I am. I am just checking something."

"No you are not, you are here physically, but you are not present."

How many of us fall into this situation? We are constantly distracted by the noise, chatter and sound around us. We fail to keep ourselves silent and hear the voice of God. During this period of the circuit breaker, many of us feel restless with the need to stay at home. We are stripped of our freedom, and placed in uncomfortable situations. In this period of adjustment, do we choose to cloud our minds and environment with chatter, or do we give ourselves the space to listen intently to what is God calling us to reflect upon during this season?



## RASE

As I read the Gospel, I am amazed by how the sheep simply follows their Shepherd without hesitation. I recall the times that I resisted God's call because I was fearful, felt unworthy or simply did not trust that Jesus knew what was best for me. In hindsight, I often intentionally choose to drown the voice of God. Instead of praying and journaling about my discomforts, I intentionally choose to drown myself in mindless entertainment to avoid what was painful to deal with. Pride also prevented me from admitting that God knew what was best for me, and I chose to stick to the decisions that I wanted. But God did not give up on me. He does not give up on you either.

God calls continuously, and takes the lead only when his flock is complete. Even when I struggle to listen to his voice, God waits patiently for me to return to Him. He doesn't give up on us. Not me, not you. We are God's beloved sheep and he calls us to quieten our hearts to listen to his voice and have complete faith in his plans for us. Are you ready to do so for Him and for yourselves today?

Clarice Lee



- 1) What emotions did you experience as you read the Gospel and reflection?
- 2) What do you sense the Lord telling you to do during this period?
- 3) What is stopping you from answering God's call for you?



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### Activity

We'll be providing some materials for this week's Easter package: a picture of Jesus as the good Shepherd and also a sheep. As you do this activity, reflect on who Jesus, the Good Shepherd is to you. As you colour/paint on one side, you may write this part of the reflection on the other.

For the sheep template, the sheep represents yourself. You may colour or paste cotton wool on the sheep and as you colour/decorate, recollect on how your journey has been thus far. Have you been following God's voice, especially in this season? How can you allow yourself to be more open to listen to what God is calling you to today?





